



Polina Plotnikova
Wednesday 17/2/21
Scarborough Camera Club

Scarborough Camera Club are delighted to announce that Polina Plotnikova will be giving a talk entitled 'Starting from Blank' at 7.30pm on Wednesday 17th February at 7.30pm. In this talk she will be recreating Old Masters pictures using a camera. She will start from the very beginning and show how she constructs them.

Polina is an award winning photographer in London who specialises in Still life and Flowers. She got 2nd place in the International Garden Photographer of the Year 2019. In 2018 in the RHS Chelsea Flower Show Photography Competition she was awarded a Gold Medal and Best in Show. To see examples of her work go to her website www.polinaplotnikova.com.

Visitors and members of other clubs are welcome to attend the Zoom meeting (£3 per person). Places can be booked at www.scarboroughcameraclub.co.uk after initially making an email enquiry at scarcameraclub@gmail.com

Paul Sanders - 'A Mindful Approach to Photography...' 18.02.21 7.30pm



Paul Sanders' photography could be summarised as 'calming'. Working mainly in monochrome, his sparing, minimalist compositions evoke a 'zen' state of stillness and tranquility. And this is more than just a 'photographic style'. It emerges from a passionate belief in the power of photography 'to help people overcome anxiety, and to positively adjust their outlook on life'.

A professional photographer since 1984, Paul initially worked in fashion and advertising, before switching into news via roles with News Team International, the Manchester Evening News and Reuters. By 2004 he had been made Picture Editor at the Sunday Times.

But the stress of reviewing up to 20,000 images a day took its toll - with an unhelpful work/life balance leading eventually to depression. By the end of 2011 he was ready for a radical change, and left to become a freelance landscape photographer - an area where he had no previous commercial experience.

At last Paul had found his personal niche - where a slower, more contemplative pace, allowed space for images to emerge naturally: 'it's trying to get the best out of what mother nature gives you without feeling frustrated or judgemental - she rarely gives what you want but she almost always gives what you need'.

Paul is admired as much for his honesty and openness about mental health as he is for his photography. Through his mindful photography workshops, and his social media feeds, he explains how landscape photography can become a meditative process. So practising the art moves beyond a mere 'capturing of images', to play an important role in promoting general well being.

Join us via Zoom to learn more about Paul's inspiring work, or find him online at www.discoverstill.com and at his hugely popular Instagram page @discoverstill.

www.kirkbymoorside-camera-club.co.uk/programme



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Thursday 18/2/21
Kirkbymoorside & District
Camera Club